



Researching recent literature on pseudoxanthoma elasticum (PXE)

Sharika Akhter¹, Thomas Georgas², Georgios Giannoukos³

¹University of Greenwich, United Kingdom

²Saint Francis Xavier College, London, United Kingdom

³Second Chance School, Greece

Abstract

Pseudoxanthoma Elasticum (PXE) is a rare genetic disorder, typically inherited in an autosomal recessive manner. It is also classed as a multisystem disorder as the disease involves the impairment of a number of organs and tissues. Literature is very limited in regards to the specific pathologically related histological/anatomical descriptions of certain affected tissues, especially cardiac tissues as well as the prevalence record of cardiovascular abnormalities in PXE patients. What this article aims to accomplish is to provide a detailed picture of the existing relevant literature on the field and discuss the prospects of discovering more about PXE. The article finishes with discussing how the human genome project is a perfect prospect to discovering more about PXE.

Keywords: pseudoxanthoma elasticum, multisystem disorder, cardiovascular abnormalities

Introduction

Pseudoxanthoma Elasticum (PXE) is a rare genetic disorder, typically inherited in an autosomal recessive manner. Prevalence of PXE is believed to be 1 in 25000. An autosomal dominant genotype can also be inherited and happens to be very rare compared to autosomal recessive inheritance (Nitschke *et al.*, 2012) [49]. PXE can also be required through organ transplants from individuals with PXE, have an inherited condition of B-thalassemia (Fabbri *et al.*, 2009) [13] or due to reaction to penicillamine medication. It is also classed as a multisystem disorder as the disease involves the impairment of a number of organs and tissues. The tissues and organ typically affected are the eyes, flexor skin regions such as the neck and armpits, connective tissue such as the inside of the lower lip, tissue of the vascular walls (Finger *et al.*, 2009) [15]. Impairment of these organs and tissue manifest dermatological conditions around the flexor skin regions, vision disorders, and cardiovascular abnormalities. Ectopic mineralisation and fragmentation of elastic fibres in connective tissues, skin and vascular walls is the main cause behind the impairment of these organs (Nitschke *et al.*, 2012) [49]. The possible reason(s) behind such abnormal mineralisation in abnormal places still remain unclear (Nitschke *et al.*, 2012) [49]. PXE is predominantly caused by mutations in the ATP-Binding Cassette subfamily C number 6 gene (ABCC6) gene. ABCC6 is a member of the ABC transporter protein family which play a number of essential transporting roles including transportation of endogenous substrates, drugs, lipids, proteins, sugars, metal ions and compounds alike (Vasiliou, Vasiliou and Nebert, 2008) [72]. What endogenous substrate is transported by the ABCC6 protein is still a mystery (Nitschke *et al.*, 2012) [49] which indicates that there is a need for more intensive investigations and researches to discover the underlying defect and what effect does it have on the substrate that is being transported.

The characteristic skin conditions were initially depicted by a French dermatologist Rigal in 1881 (Finger *et al.*, 2009) [15]. Soon after Rigal's description of the abnormal skin changes his colleague Balzer performed histological examination on the abnormal skin cells. However both could not comprehend the implications of their discoveries. Another French dermatologist Ferdinand-Jean Darier gave the condition the term Pseudoxanthoma Elasticum (PXE) in 1886 in order to distinguish PXE from common xanthoma that is characterized by yellow papules on the skin (Finger *et al.*, 2009) [15].

Angioid streaks were recognized as completely a separate entity of symptom by an English ophthalmologist Doyne in 1889 and two years later by a German ophthalmologist Plange in 1891 (Finger *et al.*, 2009) [15]. Just a year after the discovery of German ophthalmologist Plange, an American-born German ophthalmologist, Hermann Knnap brought the clinical manifestation of angioid streaks to the attention of the scientific community in 1892. Hermann Knnap demonstrated an understanding that angioid streaks were the result of hemorrhages occurring in the posterior pole of the eye that led to pigmented streaks of dark brown or black (Finger *et al.*, 2009) [15].

Almost 40 years later, Ester Groenbald a Swedish dermatologist and James Strandberg an ophthalmologist, also of Swedish national were the first to recognize the connection between PXE and angioid streaks. They termed the syndrome after their surnames as being Groenbald-Strandberg syndrome, since which Pseudoxanthoma Elasticum and Groenbald-Strandberg are used alongside (Finger *et al.*, 2009) [15].

Typical Clinical Manifestations

Dermatological Abnormalities

Dermatological abnormalities start to manifest as the disease progresses. The dermatological condition is described as accruing yellow papules merging about the affected area of

large flexor skin surfaces such as the neck, axillary, groin and popliteal fossa [Figure 1] (Finger *et al.*, 2009) ^[15]. Histological examination of these affected regions show fragmented basophilic elastic structures in both the upper and middle reticular dermis along with evident calcification of the elastic fibers (Nitschke *et al.*, 2012) ^[49].



Fig 1: Photos of the neck of patient 1 (A), patient 2 (B) & patient 3 (C) showing yellow papules around the side of the neck (from Bercovitch *et al.*, 2011)

Ophthalmological Abnormalities

Ophthalmoscopy/fundoscopy of the eye reveals pigment irregularities, which is defined by a term called peau d'orange. Peau d'orange is described to appear as small dark spots against a background of whitish or opaque fundus (Gliem *et al.*, 2013) ^[18]. The spots can be observed initially at the posterior pole of the eye which gradually precedes towards the peripheral pole as the disease progresses (Gliem *et al.*, 2013) ^[18]. Possible pathophysiology behind the occurring of Peau d'orange is due to calcification of the Bruch's membrane (BM) also known as the retinal pigment epithelium (RPE) of the eye (Charbel Issa *et al.*, 2010). Peau d'orange is understood to progress into Angioid streaks within a time frame of 1 to 8 years [Figure 2] (Finger *et al.*, 2009) ^[15]. Angioid streaks are more prominently witnessed on ophthalmoscopy/fundoscopy however sometimes they are hardly seen on some eyes, leading to an inaccurate diagnosis (Finger *et al.*, 2009) ^[15]. It was suggested by Kofler (1917) that angioid streaks occur due to ruptures in the (BM). The advancement of Angioid streaks and Peau d'orange does lead to impaired vision and is reported to have a greater impact on the quality of life of PXE patients than the impact cardiovascular abnormalities. Angioid streaks can further progress to subretinal choroidal neovascularisation (CNV) which is defined as debris accumulation, atrophy and scarring of the RPE (Gliem *et al.*, 2013) ^[18].

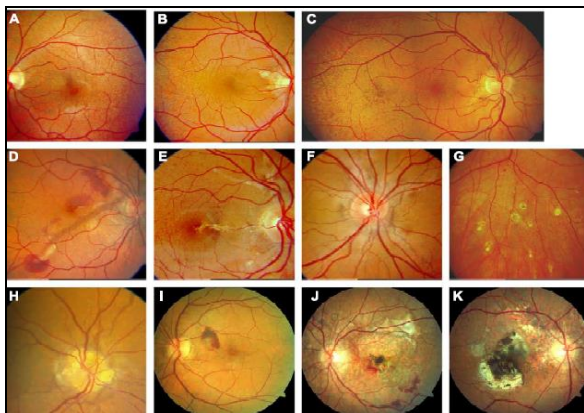


Fig 2: Funduscopy demonstrating the initial appearance of Peau d'orange (A), growing into angioid streak (E) which is further progressing into CNV (K) (adapted from Gliem *et al.*, 2013) ^[18].

Cardiovascular Abnormalities Concomitant with GIH and RH

Since the condition also affects the vascular walls particularly the arteries, patients suffer from cardiovascular abnormalities. The cardiac abnormality occurs also owing to the calcification of the connective tissues of the vessel wall. It is observed that in arteries of small to medium-sized arteries such as the coronary artery, calcification initiates from the internal and external elastic laminae which progresses into the media and intima (Lever, Elder and Elenitsas, 1997) ^[36]. The nature of such calcification resembles that of atherosclerosis (Mendelsohn, Bulkley and Hutchins, 1978) ^[43]. This causes the thickening of the endocardium which contributes to arterial hypertension and decreased peripheral pulses (Nitschke *et al.*, 2012; Hu *et al.*, 2003) ^[49]. On a more rare and severe cases, thickening of the endocardium can also lead to restrictive cardiomyopathy, mitral valve prolapse or stenosis, angina pectoris and even sudden cardiac failure (Finger *et al.*, 2009; Nitschke *et al.*, 2012) ^[49].

Literature is very limited in regards to the specific pathologically related histological/anatomical descriptions of the affected cardiac tissues as well as the prevalence record of cardiovascular abnormalities in PXE patients (Finger *et al.*, 2009) ^[15]. Most patients with PXE have been reported to not experience cardiovascular abnormalities until they reach the third or fourth decade of life (Hacker *et al.*, 1993; Schachner and Young, 1974). However instances of early onset has been observed to occur as early as at 9 years of age, of which early onset of atherosclerosis is regarded as a serious impediment (Hacker *et al.*; Schachner and Young, 1974; Nitschke *et al.*, 2012). Also cardiomyopathy is described as a rare occurrence (Hu *et al.*, 2003; Lever, Elder and Elenitsas, 1997) ^[24, 36]. In a study by Farber *et al.*, (1964), 200 PXE patients were employed to investigate the prevalence of each of their individual cardiovascular problems. The prevalence of decreased peripheral pulses showed the most prevalence (25%), followed by arterial hypertension (22.5%), angina pectoris (19%) and intermittent claudication (18%). Thus, this particular study implies that the subsequent decreased peripheral pulse is more common than the later types and the rare and severe types.

Often gastro-intestinal haemorrhage (GIH) is noticed with the cardiovascular problems and is reported to have been frequently present. GIH were found in 13% of the patients employed in the study by Farber *et al.*, (1964). The cause of GIH still remains implicit however it is thought that GIH does not ensue due to a spontaneous rupture in a GI vessel as it is seen in a disease called Ehlers-Danlos disease (Chassaing *et al.*, 2005; cross referenced) ^[6]. Instead the haemorrhage is believed to exhibit due to calcification of the thin-walled arteries situated right under the gastric mucosa layer (Lever, Elder and Elenitsas, 1997) ^[36].

Renal hypertension (RH) owing to calcification of renal arteries in kidney, occasionally concomitant with calcification / mineralisation of other more profound and inner organs such as the spleen, liver and breast tissue has also been observed in PXE patients, with RH affecting one-quarter of PXE patients (Crespi, Derchi and Saffioti, 1991 cross referenced only abstract available; Nitschke *et al.*, 2012) ^[9, 49]. It is believed that RH along with GIH further precedes to haematemesis

(vomiting of the blood) and melena (egestion of black tarry faeces) in 15% of PXE patients (Fah, 1991; Wilson, 1990) [14, 73].

Additional Clinical Manifestations of PXE

Besides gastro-intestinal bleeding and haemorrhage, other types of haemorrhage and bleeding from organs such as in bladder, renal, nose, subarachnoid, pulmonary and joint bleedings have also been documented but is said to happen very rarely. In women, menometrorrhagias appears to be frequent event (Fah, 1991; Uitto, Pulkkinen and Ringpfeil, 2001) [14, 58].

Ectopic mineralisation/calcification of spleen and hepatic malformations as discussed earlier in the earlier section also occurs, however a different nature of splenic and hepatic vascular malformations have been recognised where the pathogenesis of the vascular malformation was not fully understood (Korn et al., 1987) [30].

PXE can also have implications on pregnancy in women with PXE. The placenta is mainly the most affected and subjected to structural deformities due to excessive abnormal mineral precipitation and formation of matrix like fibrinoid in the placenta (Gheduzzi et al., 2001) [17]. The abnormal mineralisation affects the septa of the placenta, stroma of villi, stem of tertiary chorionic villus and the decidua. Two small infarcts in the placenta with heavy fibrin deposition in the stem of tertiary chorionic villus have been documented in the case of mother with PXE, investigated by Elejalde et al. (1984). 20 women with PXE were employed in a study conducted by Viljoen et al. (1987) in whom 54 pregnancies were monitored for possible deformities in the placenta. At least 12 pregnancies resulted in first trimester miscarriage. Only three women out of the 20 women had successful deliveries. Thus this indicates that the abnormal mineralisation in the placenta has a high potential in interfering with the foetus(s)' metabolism, hence disrupting their development. Not only structural deformities of placenta account for miscarriages but hypertension which is a pretty common attribute of PXE, also leads to complications during pregnancy (Viljoen et al. 1987). Hypertension had a significant impact on at least 7 pregnancies in the study by Viljoen et al. (1987). Although some literatures do classify such events as rare occurrence (Gheduzzi et al., 2001; Hu et al., 2003) [17, 14], PXE still has the potential to affect pregnancy and at times very severely. i.e. increasing the risk of miscarriage in first trimester which is evident from the number of unsuccessful pregnancies, at least 14 out of 54 pregnancies have been affected in the study (Viljoen et al. 1987) due to PXE implications.

Conclusion

Human Genome Project (HGP) is piloted by an international collaboration of scientists all around the world and is capable of providing a great platform for investigating the aetiology of various disease at the genetic level. HGP was approved and incited by the Department of Energy (DOE) in 1985, USA (Saraswathy et al., 2014). The National Institute of Health (NIH) and DOE together took the assignment to fund HGP which also involved 25 laboratories in 5 countries. The project officially commenced in 1990 for a time frame of 15 years

with an estimated cost of US \$ 200 million. Within this time frame, the objective of HGP was to determine the order of 3 billion DNA nucleotides through DNA sequencing. Both governments' and private sectors' arising social enthusiasm, strong support and curiosity to investigate the root cause of rare life-threatening conditions started to drive the progression of HGP. The ambition was achieved and completed in April 2003 (Genome.gov, 2015); Saraswathy et al., 2014).

HGP not only aids in discovering the genomic cause but also helps in early detection of rare inherited genetic disorders through newborn screening. It provides the opportunity to manufacture personalised medicines to suit specific treatment-related needs of individual patients (Hefti and Beck, 2014) [21]. Also it assists in understanding genomic profile expression of certain patients as a response to certain medicines (Marchionni, 2008) [41]. With emerging advancement in technology and genomic understanding, several gene based therapy treatments such as Talens have been established and is implemented in patients with genetic conditions such as sickle cell anaemia, duchene muscular dystrophy (Ousterout et al., 2013; Sun et al., 2012) [51, 65]. Thus HGP offers a great opportunity for investigating a rare genetic disorder such as Pseudoxanthoma Elasticum (PXE).

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